Instructions for Surgery

Note: These are general instructions that apply to most surgical procedures. You will be given specific instructions regarding your particular procedure. Unless otherwise instructed, please use these instructions as a guide. You may find it helpful to print this form and fill-in the applicable blanks when you are given your specific information. Call for any questions!!

DATE OF SURGERY: ________________ TIME TO ARRIVE: ________________

LOCATION:

☐ Las Colinas Surgery Center
   4255 N. MacArthur Blvd., Irving, Tx 75038  972-257-0144
   Check in at the front desk when you arrive.

☐ Texas Health Presbyterian of Flower Mound (the hospital)
   4400 Long Prairie Rd., Flower Mound, Tx 75028  469-322-7000
   Use the main entrance near and proceed to the Registration desk.

☐ Do not eat or drink anything after midnight the night before your procedure.

☐ If you usually take medications for blood pressure or a heart condition in the morning, you may take these with a small sip of water. If you take medications for diabetes, (pills or insulin), please make sure you have been given specific instructions from our office on how to adjust your dose.

☐ If you take blood thinners or aspirin, MAKE SURE NOTIFY US SEVERAL DAYS IN ADVANCE SO WE CAN MAKE ANY NECESSARY ADJUSTMENTS.

☐ You will need to arrange for someone to drive you home following your procedure. (You will not be allowed to drive yourself or take a cab/bus.)

☐ Unless otherwise instructed, call our office to make an appointment for 7-10 after your procedure.